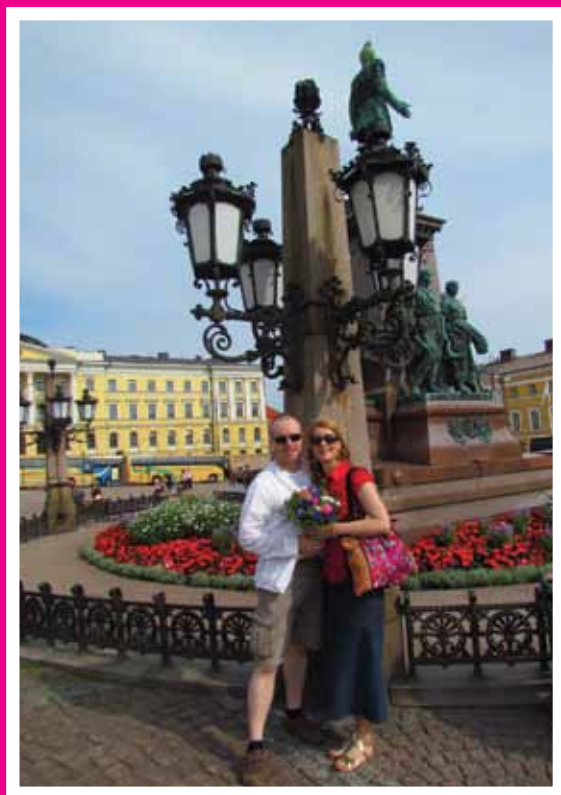


# enjoy!

## HELSINKI METROPOL GUIDE

### PEARLS OF HELSINKI

Museums - Attractions - Restaurants -  
Shopping - Sightseeing



[www.enjoyfinland.fi](http://www.enjoyfinland.fi)





## HELSINKI

|   |    |
|---|----|
| The Tall Ships Races  | 4  |
| Helsinki Day 12.6.2013  | 5  |
| Suomenlinna Sea Fortress  | 6  |
| The National Library of Finland   | 8  |
| Senate Square   | 9  |
| Helsinki Zoo Korkeasaari  | 10 |
| SEA LIFE Helsinki   | 12 |
| Linnanmäki Amusement Park   | 13 |
| Ateneum Art Museum  | 14 |
| Museum of Contemporary Art Kiasma   | 15 |
| Sinebrychoff Art Museum   | 16 |
| Museum of Finnish Architecture  | 17 |
| Designmuseum  | 18 |
| Alvar Aalto Museum  | 20 |
| Amos Anderson Art Museum  | 21 |
| The Seurasaaari Open-Air Museum   | 22 |
| The National Museum of Finland  | 23 |
| Urho Kekkonen Museum Tamminiemi   | 24 |
| The Cygnaeus gallery  | 25 |
| <a href="#">The Blue Line light installation</a>  | 26 |
| Helsinki City Museum  | 27 |
| Helsinki University Museum  | 28 |
| Helsinki Observatory  | 29 |
| Natural History Museum  | 30 |
| Helsinki University   | 31 |
| Päivälehti Museum   | 32 |
| The Bank of Finland Museum  | 33 |
| The Sports Museum of Finland  | 34 |
| Stadium Tower   | 35 |
| Gardenia Helsinki   | 36 |
| Helsinki Winter Garden  | 37 |
| Finnish design and souvenirs  | 38 |
| Restaurants   | 40 |
| Discover the Helsinki region by public transport <a href="http://www.hsl.fi">www.hsl.fi</a> | 63 |

|                       |    |
|-----------------------|----|
| CITY TOUR SIGHTSEEING | 64 |
| Hop On Hop Off        |    |

## ESPOO

|                           |    |
|---------------------------|----|
| WeeGee                    | 48 |
| EMMA - Art Museum         | 49 |
| Geo Exhibition            | 52 |
| Nature House Villa Elfvik | 53 |

## VANTAA

|                                     |    |
|-------------------------------------|----|
| HELSINKI AIRPORT                    | 56 |
| Airpro Travel Services 24h          | 57 |
| Heureka, the Finnish Science Centre | 58 |
| Finnish Aviation museum             | 59 |

## enjoy! Helsinki Metropol Guide HELSINKI-ESPOO-VANTAA

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information, opening time, prices or other related  
information mentioned in this brochure.





## The Tall Ships Races 2013 Helsinki 17.–20.7.2013

Over one hundred imposing sailing vessels will glide into the city when Helsinki is one of the host cities of the 2013 Tall Ships Races. The Tall Ships Races is a contest for big sailing ships, organised on the Baltic Sea every four years.

The competition will be held in July and August 2013. It will begin on 4 July with the first leg from Denmark's Aarhus to Helsinki, from which it will continue to Riga in Latvia and end in Szczecin, Poland. The ships will remain in Helsinki for four days, from 17 through 20 July 2013. Visitors can go and see the ships while they are docked. The event also includes other programming at the venue in Helsinki's Hietalahti area.

Helsinki has been one of the host cities for the Tall Ships Races in 1972, 1988 and 2000. Then, the event was attended by 80 ships from different parts of the world. The race attracted some 450,000 spectators to the Pohjoisranta and Katajanokka areas.

### Youth Sail Training competition

The background for the sailing competition is Sail Training International, an international non-profit organisation. Sail Training is a concept that refers to sail training with a crew comprising mainly youth, which teaches sailing and navigating, and above all social skills.

The purpose is to gather youth together for a friendly competition, regardless of nationality, skin colour, religion or socioeconomic background. Sail Training is an interesting way to help young people understand different cultures while at the same time developing their own strengths and skills. Participants do not need to be experienced sailors in order to join the crew.



The Tall Ships Races 2013 is involved in the World Design Capital project Greening Events – From Guidelines to Practice. The project seeks to create more environmentally friendly events. The arrangements in Helsinki are managed by the City of Helsinki's events unit.

Kilpailun aikataulu:  
4.–7.7. Aarhus  
17.–20.7. Helsinki  
25.–28.7. Riika  
3.–6.8. Szczecin

[www.tallshipsraceshelsinki.fi](http://www.tallshipsraceshelsinki.fi)



photo Seppo Laakso



### **Helsinki Day will be celebrated again on 12.6.2013.**

The City's signature day has been celebrated since 1959. Helsinki Day versatile and entertaining programme will spread out all over the city – on land and sea alike. The City's parks, streets and stages will be full of programme.

Helsinki Week encircling Helsinki Day is a cluster of festivals and events that launches the City's summer. There are thrills and experiences in the offing, to suit every taste and age. The repertory can be seen, heard and tasted in all corners of Helsinki.



## SUOMENLINNA SEA FORTRESS

Founded on islands off the coast of Helsinki in 1748, the Suomenlinna sea fortress is a cultural treasure. Suomenlinna has been listed as a UNESCO World Heritage site, to be preserved as an example of the European military architecture of its time. Suomenlinna is also a district of the city of Helsinki, with a permanent population of more than 800.

Suomenlinna offers things to see and do year round: walls, cannons, tunnels, dockyard, museums, cafés and restaurants. Ferry crossing from the Market Square takes only 15 minutes.

*Visitor Centre  
Suomenlinna C 74  
00190 Helsinki  
Open daily  
+358 (0) 29 53 38410  
info@suomenlinna.fi  
www.suomenlinna.fi*



**SUOMENLINNA  
SVEABORG**







## THE NATIONAL LIBRARY OF FINLAND

The National Library of Finland is part of the neoclassical centre designed by architect C. L. Engel around Helsinki's Senate Square. The Library building is one of the most well-known examples of Finnish empire architecture.

The National Library of Finland is the largest and oldest scientific library in the country and is responsible for the collection, description and preservation of Finland's printed national heritage and for making it accessible. The National Library also functions as a national service and development centre for the whole library branch, promoting national and international cooperation in the field.

The Library organises exhibitions and events that are open to the public free of charge during its opening hours.



The National Library of Finland  
Unioninkatu 36  
00170 Helsinki

Tel. +358 9 191 23196  
[www.nationallibrary.fi](http://www.nationallibrary.fi)

Opening hours  
Mon–Thu 9.00–20.00  
Fri–Sat 9.00–16.00






## SENATE SQUARE

The Senate Square and its surroundings form a unique and cohesive example of Neoclassical architecture. The square is dominated by four buildings designed by Carl Ludvig Engel between 1822 and 1852: Helsinki Cathedral, the Government Palace, the main building of the University of Helsinki and the National Library of Finland. Helsinki Cathedral is arguably Finland's most famous and photographed building; it celebrated its 150th anniversary in 2002. The oldest stone building in Helsinki is the Sederholm House located on the southeast corner of the square. The main building of the City Museum can be found on the Sofiankatu museum street..

lähde: [www.visithelsinki.fi](http://www.visithelsinki.fi)





# A wild time at the zoo all year round!

## Open

|                 |              |
|-----------------|--------------|
| MAY - AUGUST    | 10 AM - 8 PM |
| SEPTEMBER       | 10 AM - 6 PM |
| OCTOBER - MARCH | 10 AM - 4 PM |
| APRIL           | 10 AM - 6 PM |

## Arrival

All year round by bus 16 from the railwaystation or in summertime by boat from the Market Square.

Events and information

[www.korkeasaari.fi](http://www.korkeasaari.fi)



facebook.com/  
korkeasaarenelaintarha

HELSINKI ZOO  
THE WHOLE WORLD  
ON ONE ISLAND







SEA LIFE Helsinki is located in Alppila, Helsinki - only 10 minutes by tram from the City centre (trams 3B and 9, Bus 23).

SEA LIFE Helsinki transports you into the amazing underwater world. Be wowed by beautiful and fascinating creatures of the deep sea and prepare yourself for astonishingly close views.

What is your favourite sea creature?

Would you prefer the awesome Sharks, the scary Piranhas or perhaps it is the cute Seahorses that you love the most? Are you a Bonnethead Shark lover? Perhaps it's the Clownfish or the clever Octopus that you like the best. Or maybe you simply can't decide!

Here at SEA LIFE you can make up your mind and see them all - from the curious and the rescued to the rare and the enigmatic. And you'll be able to get closer to them than ever before.

Many of our creatures are on the endangered list, have been rescued and cannot be released into the wild or have been born and bred as part of our conservation projects. All of them are beautiful.

SEA LIFE presents 2013: Open the exciting doors of Turtle Shelter!

In 2013 SEA LIFE is taken over by our shelled friends, one of the oldest species in our planet! Turtle Shelter hides inside of it the magical world of amazing and fascinating turtles. We will have at least five species including e.g. Red-eared Sliders who actually start out as carnivores but become omnivores as they get older. Chinese Softshell Turtle is one of the more odd-looking creatures in the display. Did you know that there are about 260 known turtle species in the world?

SEA LIFE takes care of our seas

As well as helping millions of people to discover the marvels of the marine world the SEA LIFE network has an important role to play in helping safeguard our seas and their inhabitants for the future. At SEA LIFE, we have lots of local activities you can support or get involved with!

As well as fostering conservation through enhanced awareness, SEA LIFE regularly makes a more direct contribution towards conservation and marine animal welfare.

Come and meet them. Let's explore our creatures!



SEA LIFE Helsinki

Tivolitie 10, 00510 Helsinki

opening times

Mon-Tue, Thurs-Sun 10-17, Wed 12-19

Liput/Tickets 16 e/11 e

+358 (09) 5658200

[www.sealife.fi](http://www.sealife.fi)

\*SEA LIFE is open daily except 24-25.12.

Please check the opening times at

[www.sealife.fi](http://www.sealife.fi)



## Linnanmäki Amusement Park

Linnanmäki has entertained families since 1950. The amusement park has an enormous selection of fun rides, from ultra scary to more easy-going. The special wooden rollercoaster is over 50-years-old and remains the most popular ride. Linnanmäki also has many arcade halls with the latest games as well as an outdoor stage presenting entertaining performances. Supporting child welfare workover 60 years.



### LINNAMÄKI

Tivolikuja 1

00510 Helsinki

Summer season is from April to September. Also Ice Pearl winter event in February, Carnival of Light in October and Christmas Event in December. Opening hours vary from 13pm to 21 pm, please check in advance [www.linnanmaki.fi](http://www.linnanmaki.fi)



Ateneum (2011)  
Ateneumin taidemuseo

Kuva: Valtion taidemuseo, Kuvataiteen keskusarkisto / Hannu Pakarinen

# ATENEUM

Ateneum Art Museum in the heart of Helsinki is the national gallery of Finland. It shows interesting Finnish and international exhibitions.

Beloved classics can be seen in the collection display, featuring works by such artists as Albert Edelfelt, Akseli Gallen-Kallela, Helene Schjerfbeck and Hugo Simberg. Furthermore, the many events, guided tours and workshops at the museum make a fun addition to your visit.

## 52 souls - Symbolist Landscape 1880-1910

The exhibition will present a wide selection of poetic, mystical and sensual interpretations of nature, painted between 1880 and 1910, including landscapes by such masters as Gauguin, Van Gogh, Munch, Mondrian, Kandinsky, Monet and Whistler.

Finnish Symbolist art will be represented by Väinö Blomstedt, Albert Edelfelt, Akseli Gallen-Kallela, Hugo Simberg and **Ellen** Thesleff. In all, the exhibition will show works by 52 artists.



Kuva: Kirsti Halkola

Ateneum Art Museum  
Kaivokatu 2,  
00100 Helsinki,

Tel.: +358 (0)9 6122 5510  
Tickets: € 12/10; 52 Souls  
-exhibition: €15/13; free  
admission for visitors under the  
age of 18  
Opening hours: Sat-Sun: 11-17



Kuva: Petri Virtanen

# KIASMA

## KIASMA

Located in the heart of Helsinki, Museum of Contemporary Art Kiasma offers you an easy access to the most interesting and invigorating art of our time. Kiasma is an open forum for the exchange of opinions and a continuous redefinition of art and culture.

### Exhibitions:

Reality Bites.

Document in Contemporary Art. Until 10 Marc

Jouko Lehtola's photographs  
8 Feb – 1 Sep

Dan Perjovschi's drawings  
8 Feb – 1 Sep

Eija-Liisa Ahtila Parallel Worlds,  
19 Apr – 1 Sep

Marja Kanervo,  
17 May – 29 Sep



Kuva: Vauvaopastus Kia Orama

Museum of Contemporary Art  
Kiasma  
Mannerheiminaukio 2  
00100 Helsinki

Open Tue 10am-5pm, Wed-Thu  
10am-8.30pm, Fri 10am-10pm,  
Sat 10am-6pm, Sun 10am-5pm,  
Mon closed

Tickets 10/8 Eur, free for under  
18-year-olds

Info +358(0)9 1722 6501

[www.kiasma.fi](http://www.kiasma.fi)

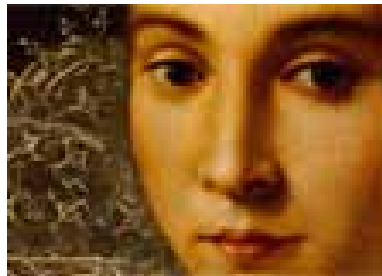


## SINEBRYCHOFFIN TAIDEMUSEO

The Sinebrychoff Art Museum is located on Bulevardi in the building dating from 1842 that was the home and factory office of the Sinebrychoff family. The second floor of the museum presents the original furniture and art works of the home of Paul and Fanny Sinebrychoff. The rooms on the park side present paintings by old masters from the museum collections which range from the 14th century to the middle of the 19th century. Varying special exhibitions are organised on the ground floor.

Paul Sinebrychoff Jr. (1859–1917) was the last male descendant with the family name: he and his wife Fanny (born Grahn, 1862–1921), a promising actress in the Swedish Theatre, never had any children. As the decades passed, Paul and Fanny gathered a significant collection of art, which they left to the State in 1921.

The works of art, furniture, and chandeliers in the Sinebrychoff museum create a unique atmosphere. The largest hall is furnished in the golden and decorative Empire style.



Sinebrychoff Art Museum  
Bulevardi 40, 00120 Helsinki  
+358 (09) 1733 6460  
[www.sinebrychoffintaidemuseo.fi](http://www.sinebrychoffintaidemuseo.fi)

Open hours  
Tue, Fri 10–18  
Wed, Thu 10–20  
Sat, Sun 11–17

Admission fees:  
8/6 €,  
visitors under 18 years free





ARKKITEHTUURIMUSEO  
FINLANDS ARKITEKTURMUSEUM  
MUSEUM OF FINNISH ARCHITECTURE



The Museum of Finnish Architecture is a museum with a human scale. We offer rich new perspectives, discussion opens and meaningful experiences of architecture. Temporary exhibitions focus on Finnish and international architecture. The permanent exhibition takes on a journey back across the decades of Finnish architecture. Library and Bookshop are also at your service.

The Museum of Finnish Architecture is one of Finland's specialised national museums. Housing an extensive, internationally significant collection, the MFA makes a key contribution as a national and international expert in architectural research and presentation. Founded in 1956, it is the world's second oldest museum of architecture. The museum is located in a beautiful neo-renaissance building in the Design District in central Helsinki, on the same site with the Design Museum.

Museum of Finnish Architecture  
Kasarmikatu 24, Helsinki  
Open Tue-Sun 11–18, Wed  
11–20

Entrance 6/3/0 €  
Combi-ticket with Design  
Museum 12 €  
tel. +358 9 8567 5100  
mfa.fi  
Facebook, Twitter



# DESIGNMUSEO

Design Museum is situated in Design District Helsinki on walking distance from city centre. Bus 16 and tram 10.

Design Museum is a specialist museum in Finland that selects and maintains a versatile design collection, around 75 000 objects. The permanent exhibition “Su-Omalainen muoto – Finnish Form” tells the history of Finnish Design from late 19th century to today. Versatile changing exhibitions on design history and contemporary themes, workshops and events. Besides main premises at Design Museum, other premises and exhibition spaces are Arabia Museum, Iittala Glass Museum and Nuutajärvi Glass Museum. Follow events at Design Museum Facebook page.

The Design Museum shop has a broad range of Finnish and international design. Cafebar Luomus is an atmospheric cafe at the Design Museum.



## Designmuseum

Korkeavuorenkatu 23

Open Tue 11–20, Wed–Sun 11–18

Tickets: adults 10€, pensioners 8€, students 5€, primary school students and children for free

Combi-ticket with Museum of Finnish Architecture 12 €

[www.designmuseum.fi](http://www.designmuseum.fi)  
[facebook.com/designmuseum](https://facebook.com/designmuseum)





### **Alvar Aalto Museum – JYVÄSKYLÄ**

The Alvar Aalto Museum in Jyväskylä is a special museum celebrating the life's work of Finland's most famous architect. The permanent exhibition presents the entire scope of his life and works. The gallery houses temporary exhibitions on architecture, design and contemporary art. Completed in 1973, the building represents Aalto's late white period.

Open: Tue–Sun 11am–6pm  
July and August Tue–Fri 10am–6pm, Sat–Sun 11am–6pm



### **Muuratsalo Experimental House – JYVÄSKYLÄ**

Located 15 kilometres from the centre of Jyväskylä, the Muuratsalo Experimental House was completed in 1952 and served as the Aalto family's summer residence. The complex was not merely a summer cottage for Aalto; it was also a place of experiment, where nature inspired the architect to create new forms and structures. Today, it is a summer museum that is open for guided tours.

Open: 1 June to 16 Sep 2012  
Guided tours take place on Mondays, Wednesdays and Fridays from 1:30pm to 3:30pm.  
Admission to the area is only permitted in the company of the guide. Advance registration is required.



### **Alvar Aallon kotitalo, Riihitie 20 – HELSINKI**

In Munkkiniemi, Helsinki, there are two buildings central to the architect's life and career that are open to the public. Between 1935 and 1936, Alvar and Aino Aalto designed the house at Riihitie 20 as their home and architectural office. The building is a Gesamtkunstwerk, complete with interior and garden designs.

Open: 2 May to 30 Sep 2012 Tue–Sun 1pm–6pm  
Entrance is on the hour, with the last tour starting at 5pm.



### **Studio Aalto, Tiilimäki 20 – HELSINKI**

Alvar Aalto designed his studio at Tiilimäki between 1954 and 1955. The extension was completed in 1963. The amphitheatre-shaped inner yard is encircled by the drawing office and the key space of the complex, the high-ceilinged studio.

Open: 2 May to 30 Sep 2012 Tue–Sat from 11:30am to 1:30pm  
Entrance is at 11:30am and 12:30pm only.



Kuvat: Jussi Tiainen

# amos

Located in the centre of Helsinki, Amos Anderson Art Museum is housed in the private home (built in 1913) of its founder. The museum, the largest privately owned art museum in Finland, holds an extensive collection of art. The temporary exhibitions display old and new art from Finland and abroad, while the permanent displays include a selection of works from the museum collections and interiors from the private residence of Amos Anderson. In addition, two floors are reserved for the display of works from the collections of the Association of Finnish Fine Art Foundations (STSY).



Amos Anderson Art Museum  
Yrjönkatu 27, Helsinki  
+358 (0)9 6844460  
[www.amosanderson.fi](http://www.amosanderson.fi)

Mon, Thurs & Fri 10–18,  
Wed 10–20, Sat–Sun 11–17.  
Tues closed  
Entrance 10 / 8 / 2 / 0 €



## The Seurasaari Open-Air Museum

The open-air museum of Seurasaari is located on a beautiful green island just a few kilometres from the heart of Helsinki. The island is a tranquil oasis in the midst of the city and at the museum the traditional Finnish way of life is displayed in the cottages, farmsteads and manors of the past four centuries that have been relocated from all around Finland. Museum Shop & Café.



Open

15.5. - 31.5. and 1.9. - 15.9. Monday - Friday 9 a.m. - 3 p.m. Saturday - Sunday 11 a.m. - 5 p.m.

1.6. - 31.8. Monday - Sunday 11 a.m. - 5 p.m.

Tel. +358 (0)9 4050 9660/during opening hours

Tickets Adults 8,00 € / Reduced ticket 6,00 € (students, senior citizens over 65 years, conscripts and groups more than 10 persons) / Children 7-17 years 2,50 € / free entrance for persons under 7

Family ticket 18,00 € (2 adults and 1-4 children)

[www.seurasaari.fi](http://www.seurasaari.fi)



## **The National Museum of Finland A Museum full of treasures**

Embark on a time-trip through the history of Finland. The museum's unique exhibits tell of life from a period of over 10,000 years. Major archaeological finds. The interactive Vintti Workshop for the whole family is open Tue-Sun from noon to 4 pm. Permanent exhibitions, temporary exhibitions, guided tours and events. Museum Shop, Café, Meeting facilities for hire.

[www.kansallismuseo.fi](http://www.kansallismuseo.fi)



### **The National Museum of Finland**

Mannerheimintie 34,  
00100 Helsinki

Open

Tue-Sun 11-18, Mon closed

Workshop Vintti open

Tue-Sun 12 noon - 4 p.m.

Tel. +358 (0)40 128 6469/ during opening hours

Tickets

8/ 6 €, free entrance for persons under 18



## Urho Kekkonen Museum Tamminiemi

Tamminiemi served as the official residence of the President of Finland from 1940 to 1981. President Urho Kekkonen lived there during his entire presidency from 1956 to 1981. In those days Tamminiemi was known as the centre of Finland's political and governmental life. Now totally refurbished museum is furnished the way it was in Kekkonen's time. Finnish history, design and art. Museum Shop & Café.

Seurasaaarentie 15,  
FIN-00250 Helsinki, Finland  
Bus 24 from Erottaja



Museum is open  
Wed - Sun 11 am - 5 pm

Entry Fees:  
Adults 6,50 €  
Reduced ticket 5,00 €  
(students, senior citizens over  
65 years, conscripts and booked  
groups with more than 10 persons)  
Children 7-17 years 2,50 €  
Family ticket 15,00 €  
(2 adults and 1-4 children)  
Entry is free for those under 7  
+ Free admission with a Helsinki  
Card

More Information:  
Ticket office Wed-Sun 11 AM - 5 PM  
09 4050 9650  
Museum Supervisor Aino-Majja  
Kaila  
040 128 6362  
Head Guide Mervi Saarenmaa  
040 128 6373  
[urhokekkoenmuseumo@nba.fi](mailto:urhokekkoenmuseumo@nba.fi)





## The Cygnaeus gallery

Opened in 1882, the Cygnaeus gallery is the oldest art museum in Finland. It is built around the art collection donated by Professor Fredrik Cygnaeus to the nation. The basic exhibition consists mainly of Finnish 19th century paintings and sculpture.

The museum is located in Fredrik Cygnaeus' summer villa. The romantic villa, designed by the German architect J. W. Mieritz in Kaivopuisto Park, is one of the few wooden buildings that has been preserved in downtown Helsinki. In addition to the permanent display, the Cygnaeus Gallery puts on small-scale exhibitions, concerts, lectures and other public events.

Kallioliinantie 8, FI-00140 Helsinki  
Tram 3B&3T, Kaivopuisto



Opening times:

1.5.-30.9. daily 11 am - 5 pm

Entry fees:

Adults 6,50 €

Reduced ticket 5,00 €

(students, senior citizens over 65 years, conscripts and groups more than 10 persons)

Children 7-17 years 2,50 €

Family ticket 15,00 € (2 adults and 1-4 children)

Entry is free for those under 7

+ Free admission with a Helsinki Card

Tel. +358 40 128 6360

E-mail: [cygnaeuskengalleria@nba.fi](mailto:cygnaeuskengalleria@nba.fi)

[www.cygnaeuskengalleria.fi](http://www.cygnaeuskengalleria.fi)



## The Blue Line light installation

The Helsinki 200 Years as Capital 2012 jubilee year was culminated in a light installation above the anniversary year theme street Union Axis.

The Blue Line light installation is designed by Vesa Honkonen. A laser light draws a blue line above Union Axis. The laser beam extends from the roof of Helsinki Observatory to the Kallio church tower. The blue line marks discreetly the inner city's longest undivided street axis and links the extremities of Union Axis with each other.

The best spot to view the installation is Union Axis itself. The weather has an impact on the visibility of the beam, and a slightly foggy weather gives the best visibility. The Blue Line lives according to the time of day, the four seasons and the city's pulse.

Union Axis refers to the street axis between Tähtitorninmäki (observatory hill) and Kallio church. The axis consists of Kopernikuksentie, Unioninkatu and Siltasaarencatu streets. Some of the most significant buildings and sites of the capital's history are located along Union Axis, and many important institutions as well. It was along this street that Emperor Alexander I arrived in Helsinki in 1819. It was the Emperor who promoted Helsinki into the status of capital.

The installation was implemented in cooperation between the City of Helsinki, Helsinki Energy, Helsinki Association of Evangelical Churches and the University of Helsinki.



Sunbathing after ice swimming at Taivallahti.  
Photo: Väinö Kannisto 1952.



## Mad about Helsinki

In the main building of Helsinki City Museum, just off the historical Senate Square, Mad about Helsinki will be opened in June. The exhibition takes you on a journey through Helsinki's history from the 1550's until today and introduces the locals' favorite places.



Demonstration at the Senate Square during the general strike in 1956.  
Photo: Pertti Jenytin 1956.

Helsinki City Museum  
Sofiankatu 4

Tel. +358 (9) 3103 6630

Mad about Helsinki 6.6.2013–  
Open  
Mon–Fri 9–17, Thu 9–19, Sat–  
Sun 11–17

ALWAYS FREE ENTRY

[helsinkicitymuseum.fi](http://helsinkicitymuseum.fi)



# University Museum

**The Helsinki University Museum presents the history and collections of the University.**

The Museum is responsible for the University's cultural history collections, and its exhibitions present the history of scholarship and noted scholars, scientific observation instruments, research equipment and teaching aids as well as furniture and works of art.

The University Museum is located in the Arppeanum building completed in 1869, which features an impressive original cast-iron staircase. Portraits of Russian emperors hang in the Museum's Imperial Room, and more works of art are displayed in the Art Room. The permanent exhibition showcases objects from the historical collections of medicine, veterinary medicine, dentistry, pharmacy, physics, chemistry, classical archaeology and craft science. The building also houses a café and the Mineral Cabinet of the Finnish Museum of Natural History.

The Helsinki University Museum also includes the Centre for Astronomy at the Helsinki Observatory, located in the University's old observatory building on Tähtitorninmäki Hill (see [www.observatorio.fi](http://www.observatorio.fi)).



## **Helsinki University Museum**

Snellmaninkatu 3

Opening hours: Tue–Fri 11–17,

Sat–Sun 11–16

Additional information:

[www.museo.helsinki.fi](http://www.museo.helsinki.fi)



# Helsinki Observatory

The Helsinki Observatory functions as a visitor centre that opens new perspectives on both current research on the universe and the history of astronomy.

The Observatory uses the latest technology to present historical items. Exhibitions seek to illustrate and visualise information and to engage and offer insight to visitors. The aim is to provide visitors with an overview of the structure of the solar system and the universe as well as phenomena that can be observed in our sky, and to present both historical and cutting-edge research in astronomy.

Completed in 1834 as a result of collaboration between architect **C.L. Engel** and Professor of Astronomy **F.W. Argelander**, the observatory building of the University of Helsinki led the way with its ingenious solutions that were soon copied throughout the world. The Observatory currently displays a wide range of original observation instruments, such as the large transit instrument, the meridian circle and the Argelander refractor.

The Helsinki Observatory on the Tähtitorninmäki Hill is part of the Helsinki University Museum. The building accommodates not only the visitor centre known as the Centre for Astronomy, but also the offices of Ursa and the University's Almanac Office.



## Helsinki Observatory

Kopernikussentie 1

Opening hours:

Tue–Wed, Fri–Sat 12–16,  
Thu 12–20

Additional information:

[www.observatorio.fi](http://www.observatorio.fi)



# LUOMUS

The public attractions of Luomus take the visitor from the diverse exhibitions of the Natural History Museum to the green oasis of the Botanic Gardens.

At the **Natural History Museum** you can dive into the Gulf of Bothnia, look the king of the forest stright in the eye, explore the wonders of dinosaurs and evolution, observe how a pack of lions guard their prey and be amazed by the huge size of the humpback whale. The temporary exhibition 'Veiled as Vampires – the Secret life of Bats' casts light on the secrets of these flying leather-winged creatures.

The **Kaisaniemi Botanic Garden** is a green oasis in the middle of the city where you can take a relaxing break from the bustle of the city. You can also become acquainted with remarkable adaptations of plants and wonder about the origins of food plants.

The **Kumpula Botanic Garden** extends on the lands of the historical Kumpula Mansion. In the garden you can travel around the world in about an hour!

The Finnish Museum of Natural History **LUOMUS** belongs to the University of Helsinki as a separate research institute, and includes the public attractions.



Natural History Museum

## Natural History Museum

**Pohjoinen Rautatiekatu 13**

open: Tue–Sun

## Botanic Gardens

**Kumpula**

**Jyrängöntie 2**

open: May–Sept

**Kaisaniemi**

**Unioninkatu 44**

outdoor garden open  
daily, greenhouses  
open: Tue–Sun



Kaisaniemi Botanic Garden



HELSINGIN YLIOPISTO  
HELSINGORS UNIVERSITET  
UNIVERSITY OF HELSINKI

[WWW.LUOMUS.FI](http://WWW.LUOMUS.FI)

# POWER OF THOUGHT

In the centre of Helsinki lies a centre for innovative thought: one of the leading research universities in Europe, the University of Helsinki. The university has an international outlook and its research and educational linkages span the globe.

## TOP 100

Consistently ranked among the top 100 in the world, the university is especially strong in atmospheric physics, metapopulation biology & molecular medicine.

## 90%

Of our international students would recommend the University of Helsinki for other bright minds. There are many high-quality International Master's Degree Programmes to choose from.

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Design is problem-solving: through its research and teaching, the university designs a better and more liveable society.



UNIVERSITY OF HELSINKI

[HELSINKI.FI/UNIVERSITY](http://HELSINKI.FI/UNIVERSITY)  
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## **PÄIVÄLEHTI. MUSEO**

Päivälehti Museum – The history of journalism and printing techniques

The Museum is easy to find, it is located in the centre of within walking distance of the railway station and the ferry terminals.

The Museum produces three informative, entertaining and completely different temporary exhibitions a year

[www.paivalehdenmuseo.fi](http://www.paivalehdenmuseo.fi)



### **PÄIVÄLEHTI MUSEUM**

Ludviginkatu 2-4,

00130 Helsinki

Finland

Open tue-sun 11-17

tel +358 (9) 1225210

Free entry!





## The Bank of Finland Museum

The Bank of Finland Museum is located next door to the Bank, in the foundations of the Cathedral. Its displays include the history of money and the present activities of Finland's central bank. The museum also houses a small café and a museum shop.

Admission to the museum is free. However, groups are advised to make a reservation to ensure a guided tour. Guided tours are available in Finnish, Swedish and English. The scope and duration of the tour can be tailored to your needs. The guided tours are also free of charge.

The museum is situated at Snellmaninkatu 2, beside the Senate Square. Tram routes 1, 1A, 7A and 7B stop right in front of the door. Tram routes 3B, 3T and 4 stops are across the Senate Square, some 100 metres away. We recommend that you arrive by public transport, for there are practically no parking facilities close to the museum.



The Bank of Finland Museum  
Snellmaninkatu 2,  
00170 Helsinki

Informations  
+358 (0)10 19 5702

Open  
tue–fri 11–17  
sat–sun 11–16  
Mon closed



SUOMEN URHEILUMUSEO

The Sports Museum of Finland tells the fascinating story of Finnish sports.

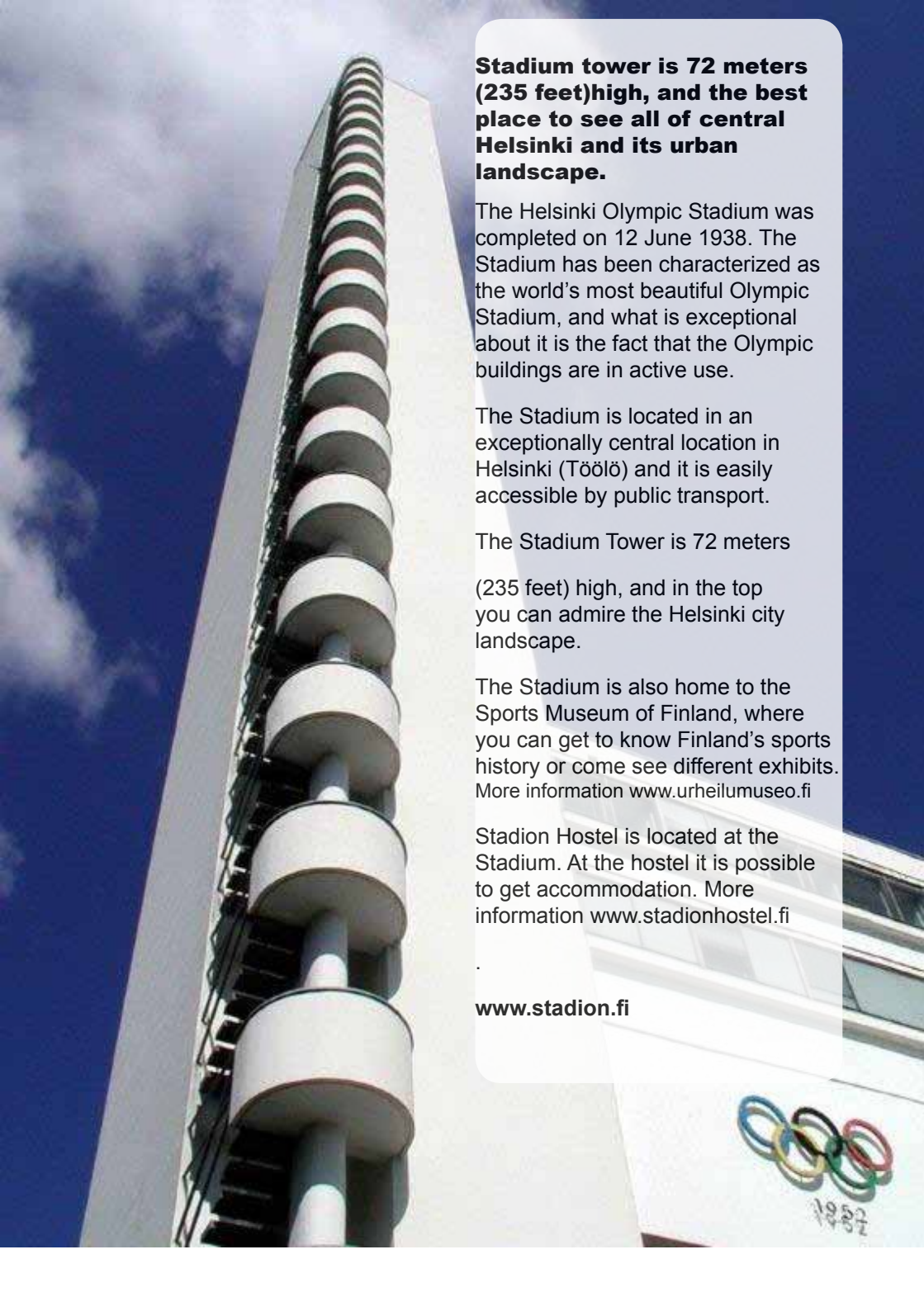
The Sports Museum is located in an extension wing of the Olympic Stadium of Helsinki. The modern museum offers interesting information and stories to all age groups. More than 1.000 objects representing a time span from the prehistoric times to the present days are on display in the Museum. The Video theatre, simulator and the Sport jukebox give experiences and moments of nostalgia to the visitors.

The Museum Shop carries a versatile collection of sports-related items.

The Museum offers free admission for visitors under 18 years!



The Sports Museum of Finland  
Olympic Stadium  
Open  
Mo–Fr 11 a.m. –5 p.m.  
Sa–Su 12–4 p.m.  
Entrance 5/3/0 €  
+358 9 434 2250  
[www.urheilumuseo.fi](http://www.urheilumuseo.fi)



**Stadium tower is 72 meters (235 feet) high, and the best place to see all of central Helsinki and its urban landscape.**

The Helsinki Olympic Stadium was completed on 12 June 1938. The Stadium has been characterized as the world's most beautiful Olympic Stadium, and what is exceptional about it is the fact that the Olympic buildings are in active use.

The Stadium is located in an exceptionally central location in Helsinki (Töölö) and it is easily accessible by public transport.

The Stadium Tower is 72 meters (235 feet) high, and in the top you can admire the Helsinki city landscape.

The Stadium is also home to the Sports Museum of Finland, where you can get to know Finland's sports history or come see different exhibits. More information [www.urheilumuseo.fi](http://www.urheilumuseo.fi)

Stadion Hostel is located at the Stadium. At the hostel it is possible to get accommodation. More information [www.stadionhostel.fi](http://www.stadionhostel.fi)

[www.stadion.fi](http://www.stadion.fi)





# GARDENIA

H E L S I N K I

Gardenia, the tropical garden situated in Viikki, introduces the visitors to the South-east Asian useful plants. The collection includes plants such as fruits, spices and medicinal herbs, forestry trees, palms and ornamental plants. Children are able to explore the garden by the self-guided adventure “the Secret of the Plants” (the adventure is in Finnish and in Swedish). The outdoor garden features many flowering perennials, such as peonies, roses and clematis. For the groups Gardenia organizes guided tours by the order both in gardens and in the nature of Viikki. The lunch-café serves also at the premises of Gardenia.



**TROOPPINEN PUUTARHA**  
**GARDENIA**

**Virkistävä käynti-  
kohde kaikkina  
vuodenaikoina!**

**Avoinna**  
ma-to klo 10-18  
la-su klo 10-17

**Sisään pääsy**  
4,00 €/aikuinen  
2,00 €/lapsi  
2,30 €/eläkeläinen  
9,00 €/perhelippu

Koetilantie 1  
Viikki, Helsinki  
puh. (09) 3478 400

[www.gardenia-helsinki.fi](http://www.gardenia-helsinki.fi)



## Winter Garden

Helsinki City Winter Garden features over 200 plant species, including one-hundred-year-old camellia tree, palm trees, flower garlands, cactus plants and flowering money plants. The seasonal times are Christmas and Easter. Visitors can also stroll through the outdoor rose garden. Accessible for people with reduced mobility.



**Open: Tue 9–15, Wed-Fri 12–15,  
Sat-Sun 12–16**

**Closed on Mondays, Christmas  
Eve, Christmas Day, Midsummer  
Eve and Midsummer Day**

**Hammarskjöldintie 1**

**(next to the Olympic Stadium)**

**Free admission**

**[www.hkr.hel.fi/viher/english](http://www.hkr.hel.fi/viher/english)**



# Finnish design and souvenirs



**SOUVENIRS ANNE'S SHOP**  
 Fredrikinkatu 68, 00100 Helsinki  
 ☎ (09) 445 823  
 Opposite the Tempelliaukio Church

**OPEN:**  
 MON-SUN 9-18  
 WINTERTIME 9-17

**Marttiini**  
*The Original Since 1828*

*Traditional Finnish knives*

**Marttiini Factory Shop**  
 Aleksanterinkatu 28  
[www.marttiini.fi](http://www.marttiini.fi)

**MoominShop**

**FORUM HELSINKI**  
 Mannerheimintie 20  
 Mon-Fri 9-21, Sat 10-18, Sun 12-18

**HELSINKI-VANTAA AIRPORT**  
 Boulevard, Terminal 2  
 Mon-Sun 5.30-29.30

[www.moominshop.fi](http://www.moominshop.fi)

**OFFICIAL RETAILER**

**SOUVENIRS HANDICRAFTS KNITWEAR**

**KANKURIN TUPA**

The largest gift & souvenir shop in Helsinki on three floors.  
 Visit also our all year Christmas shop & showroom.

**KANKURIN TUPA**

Pöytäkatu 35  
 ☎ (09) 626 182  
 Mon-Sat 10-18, Sun 11-15



DESIGN  
FORUM

SHOP

Design Forum Shop in the heart of Design District Helsinki offers a wide and continuously updated selection of Finnish design: from new releases to classics, and from industrial design to unique, one-off products. The wide and versatile selection ranges from clothes to furniture. Design Forum Shop is also an important sales outlet for design products made in small editions and batches, and offers a unique opportunity for young promising designers to display their skills. There is also a café in connection with Design Forum Shop.



**Design Forum Shop**

**Erottajankatu 7,**

**00130 Helsinki**

**Tel.+358 9 6220 8130**

**[www.designforumshop.fi](http://www.designforumshop.fi)**



## HelsinkiMenu -restaurants

Participating HelsinkiMenu restaurants offer special, seasonal dishes made of Finnish ingredients.

The HelsinkiMenu can be tried at around 20 different restaurants throughout the city. The menu varies according to restaurant and season. The recipes interpret Finnish food traditions in new and exciting ways







G9



F8



F10



### Fly Inn Restaurant Deli

Helsinki-Vantaan lentoasema (portti 27)

Helsinki Aiport,(gate 27)

+358 20 7629737

[www.sspfinland.fi](http://www.sspfinland.fi)

“Taste of Finland at Helsinki Airport”

### Casino Helsinki – Fennia Salonki

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+358 9 6128 6600

[www.royalravintolat.com](http://www.royalravintolat.com)

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The one and only since 2004

### Ravintola Lasipalatsi

Mannerheimintie 22-24

+358 20 7424 290

[www.ravintolalaspalatsi.fi](http://www.ravintolalaspalatsi.fi)

A classic in the city centre, a unique experience

### Ravintola Sundmans Krog

Eteläranta 16

+358 9 6128 5450

[www.royalravintolat.com](http://www.royalravintolat.com)

The Bistro in Helsinki

G9



### Ravintola Arthur

Vuorikatu 19

+358 9 173 441

[www.hotelarthur.fi](http://www.hotelarthur.fi)

A traditional restaurant in the heart of Helsinki.

E9



### Ravintola Grotesk

Ludviginkatu 10

+358 10 470 2100

[www.grotesk.fi](http://www.grotesk.fi)

Grotesk is a place where you really can enjoy a cosy and vibrant atmosphere, high quality handmade food with reasonable prices.

Michelin Bib gourmand: restaurant offering good food at moderate prices

I7



### Ravintola Macu

Crowne Plaza Helsinki

Mannerheimintie 50,

+358 9 2521 2004

[www.royalravintolat.com](http://www.royalravintolat.com)

Mediterranean cuisine

A14



### Ravintola Suomenlinnan Panimo

Suomenlinna c 1

+358 9 228 5030

[www.panimoravintola.fi](http://www.panimoravintola.fi)

Enjoy the unique atmosphere of Suomenlinna Sea Fortress combined with quality delicacies of the season. Handcrafted beers and ciders brewed on site.

F8



### Ravintola Baker's

Mannerheimintie 12

+358 20 7701 440

[www.bakers.fi](http://www.bakers.fi)

Helsinki's juiciest steaks

F10



### Ravintola Havis

Eteläranta 16

+358 9 6128 5800

[www.royalravintolat.com](http://www.royalravintolat.com)

Finnish fish at its best

F11



### Ravintola Nokka

Kanavaranta 7 F

+358 9 6128 5600

[www.royalravintolat.com](http://www.royalravintolat.com)

There is a true story behind good food

I2



### Ravintola Seurasaari

Seurasaari

+358 9 626 625

[www.sinunjuhlassi.fi](http://www.sinunjuhlassi.fi)

Classic Finnish cuisine and design since 1890. Delicious sandwiches, salads and pastries available from the cafe. Outdoor terrace and lovely sea view.

I9



### Ravintola Graniittilinna

Säästöpankinranta 6

+358 20 7424 250

[www.graniittilinna.com](http://www.graniittilinna.com)

A distinctive and high-quality Finnish restaurant

E10



### Ravintola Kellarikrouvi & Fabian

Pohjoinen Makasiinikatu 6

+358 9 6128 5100

[www.royalravintolat.com](http://www.royalravintolat.com)

A unique cellar restaurant since 1965



## Welcome to Taste of Finland restaurants!

The HelsinkiMenu presents the richness and diversity of Finland's food culture, offering the most delicious seasonal dishes made of finest Finnish ingredients.

**Bon appetit – or as we say, hyvää ruokahalua!**  
[www.tasteoffinland.fi](http://www.tasteoffinland.fi)

Restaurants near you **rafla.fi**

# Santa Fé RESTAURANT

Best food in Helsinki  
City 2004-2010  
Reader's Choice

TEX MEX  
BARBEQUE  
CAJUN



Aleksanterinkatu 15. Helsinki



**Biggest  
Burgers  
in town?**

## MORRISON'S

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## Grande GRILL

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(Tram 5)  
t. +358 9 625 311



## AINO

Finnish restaurant  
Финский ресторан

Pohjoisesplanadi 21 Helsinki  
www.marcante.fi tel 358 9 624 327

## AMANDA

Scandinavian tastes  
by the harbour



Eteläesplanadi 2 0400-339 345  
www.marcante.f

Traditional Finnish food in a modern and innovative way.

NEW  
FRESH  
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10  
years  
OF FRESHNESS.



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MON-THU 11-24, FRI 11-02, SAT 12-02, SUN 12-24. KITCHEN IS OPEN 11-23.

FREE WIFI

## juuri *Roots & Bones*

Korkeavuorenkatu 27  
varaukset@juuri.fi, tel. 09-635 732



www.juuri.fi

# Culinary journey to the north

## LAPPI RESTAURANT

Since 1995



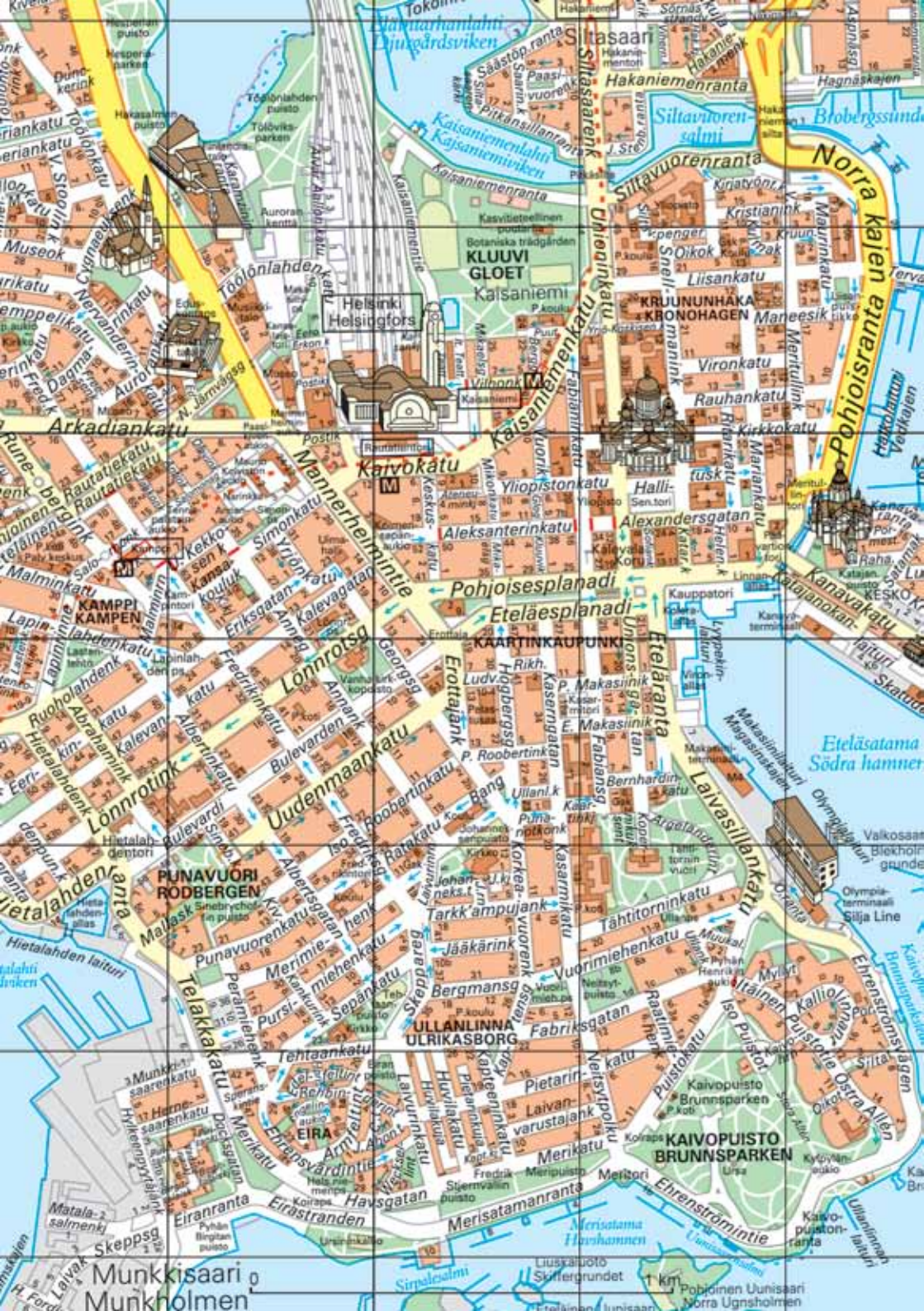
Annankatu 22 • 00100 HELSINKI • Tel. +358 (0)9 645 550 • www.lappires.com  
Mon-Fri 12-22.30 • Sat 13-22.30



## Latva Bar

Korkeavuorenkatu 25  
00130 HELSINKI

www.latva.fi



Helsinki  
Helsingfors



Karivokatu

Mannerheimintie

Kluuvi  
Kluuvi GLOET

Kaisaniemi

Pohjoisesplanadi

Eteläesplanadi

Kaartinkaupunki

Uudenmaankatu

Ullanlinna  
Ulrikasborg

Punavuori  
Rodborgen

Merimiehenkatu

Tehtaankatu

Eira

Eira

Merisatamanranta

Merisatama

Ehrenströmsgränd

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Kalen tvaströmsgränd

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Munkkisaari  
Munkholmen

Munkkisaari  
Munkholmen

Munkkisaari  
Munkholmen



## **Espoo's history in a nutshell**

1300-1400 King's Road from Turku to Vyborg via Espoo

1400th century the first church is built

1458 Espoo becomes an independent parish

1550 Swedish king Gustav Wasa founded the town of Helsinki

1812 Helsinki becomes the capital of Finland

1868 Espoo gets the first municipal administration

1903 Construction of Pasila-Karjaa -railway via Espoo is finished

1920 The city of Kauniainen is separated from Espoo

1944 The settlement of immigrants and veterans begins

1952 Construction of Tapiola Garden suburbs begins

1963 Espoo becomes a town

1966 Regional building of Espoo begins • 1968 Decision of regional and district centres of Espoo

1972 Espoo becomes a city

2008 Espoo celebrates its 550th anniversary

Lähde [www.visitespoo.fi](http://www.visitespoo.fi)





## Matkailuneuvonta Tourist Information



Yhteispalvelu

**Espoon Matkailu Oy**  
Visit Espoo

+358 (0)9 8164 7230  
tourist@espoo.fi  
[www.visitespoo.fi](http://www.visitespoo.fi)

**Yhteispalvelupisteet**  
Citizen's Offices

**Tapiola (Kulttuurikeskus)**  
Kulttuuriaukio 2

**Matinkylä (Iso Omena)**  
Piispansilta 11

**Leppävaara (Sello, kirjasto)**  
Leppävaarankatu 9

**Espoon Keskus**  
Kirkkojärventie 4

**Vindängen (Folkhälsan-talo)**  
Tuulikujja 6

**Espoonlahti (Lippulaiva)**  
Espoonlahdenkatu 4

**Kalajärvi (Ruskatalo)**  
Ruskaniitty 4



## Experience Top Art in Espoo

Espoo offers several museums, exhibitions and events.

A cross-section of the modern Finnish art in EMMA - Espoo Museum of Modern Art is worth experiencing. At the same time you may visit some of the interesting, varying domestic or international exhibitions.

Espoo cherishes friends of music; International jazz festival April Jazz, classical night concerts in Organ Night and Aria Festival, folk music festival RotFest and biennially in turns PianoEspoo - piano festival or KuoroEspoo -choir festivals. Internationally known Espoo City Orchestra, The Tapiola Sinfonietta premieres many new works each season.

lähde [www.visitespoo.fi](http://www.visitespoo.fi)



THE GALLEN-KALLELA MUSEUM  
Café-restaurant Tarvaspää

*Unique artist's studio*

**AX GALLEN-KALLELAN  
EL MUSEO**

Gallen-Kallelan tie 27, 02600 Espoo  
(09) 849 2340 \* [www.gallen-kallela.fi](http://www.gallen-kallela.fi)  
Open: Summer daily 11-18,  
Winter Tue-Sat 11-16, Sun 11-17



TAPIOLA SINFONIETTA

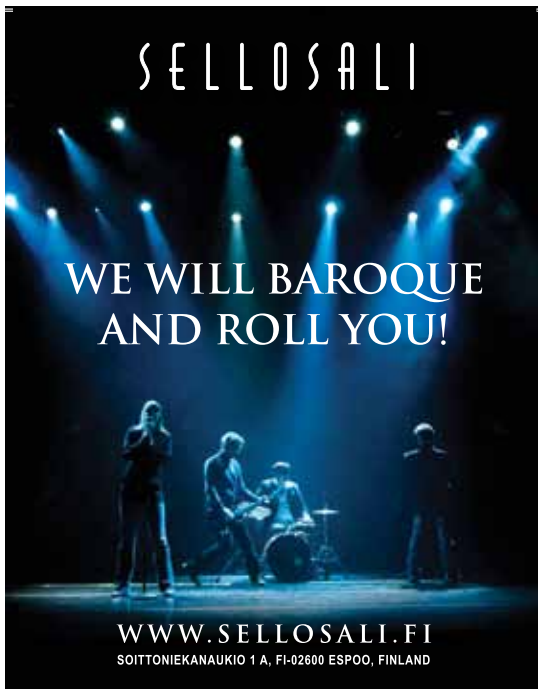
Concerts at the Espoo Cultural Centre  
and the Helsinki Music Centre.  
Tickets from Lippupiste.



TEATTERI  
HEVOSENKENKÄ

Juhannusmäki 2  
02200 Espoo  
puh. (09) 439 1220

kuva: Ulla Vaajakallio [www.hevosenkenta.fi](http://www.hevosenkenta.fi)



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# Weegee

The Exhibition Centre WeeGee is located in Tapiola - only 10 minutes from the City of Helsinki. The Exhibition Centre is a cornucopia of museums, exhibitions and events - the biggest in Finland. Five different kind of museums: EMMA - Espoo Museum of Modern Art, KAMU - Espoo City Museum, Helinä Rautavaara Museum, Lelumuseo - The Finnish Toy Museum and Finnish Museum of Horology. Also an art gallery, 3 museum shops and a café-restaurant SIS.Deli + Café WeeGee. Art, history, toys, cultures, watches - things to see and do for people of all ages. Free admission for visitors under 18 years.



## Exhibition Centre WeeGee

Ahertajantie 5

Open tue-sun

Entrance 10/0 e

+358 (09) 816 31818

[www.weegee.fi](http://www.weegee.fi)





## **EMMA – the Espoo Museum of Modern Art**

EMMA is one of the most prominent art museums in Finland. Its splendid permanent Saastamoinen Foundation Art Collection, changing exhibitions of both Finnish and international art, and various events offer a wonderful experience to visitors of all ages. EMMA is located in a former printing house of architectural significance together with a museum shop, a café-restaurant and four other museums, only a short bus journey from the city centre of Helsinki (buses no. 106 and 110 departing from the Kamppi terminal).



### **EMMA**

WeeGee Exhibition Centre,  
Ahertajantie 5, Tapiola  
[www.emma.museum](http://www.emma.museum)

Open

Tue, Thu, Fri 11-18

Wed 11-20

Sat-Sun 11-17

Admission

€10/8

visitors under 18 and  
over 70 free of charge

[www.hellstenhotels.fi](http://www.hellstenhotels.fi)  
FEELS LIKE HOME

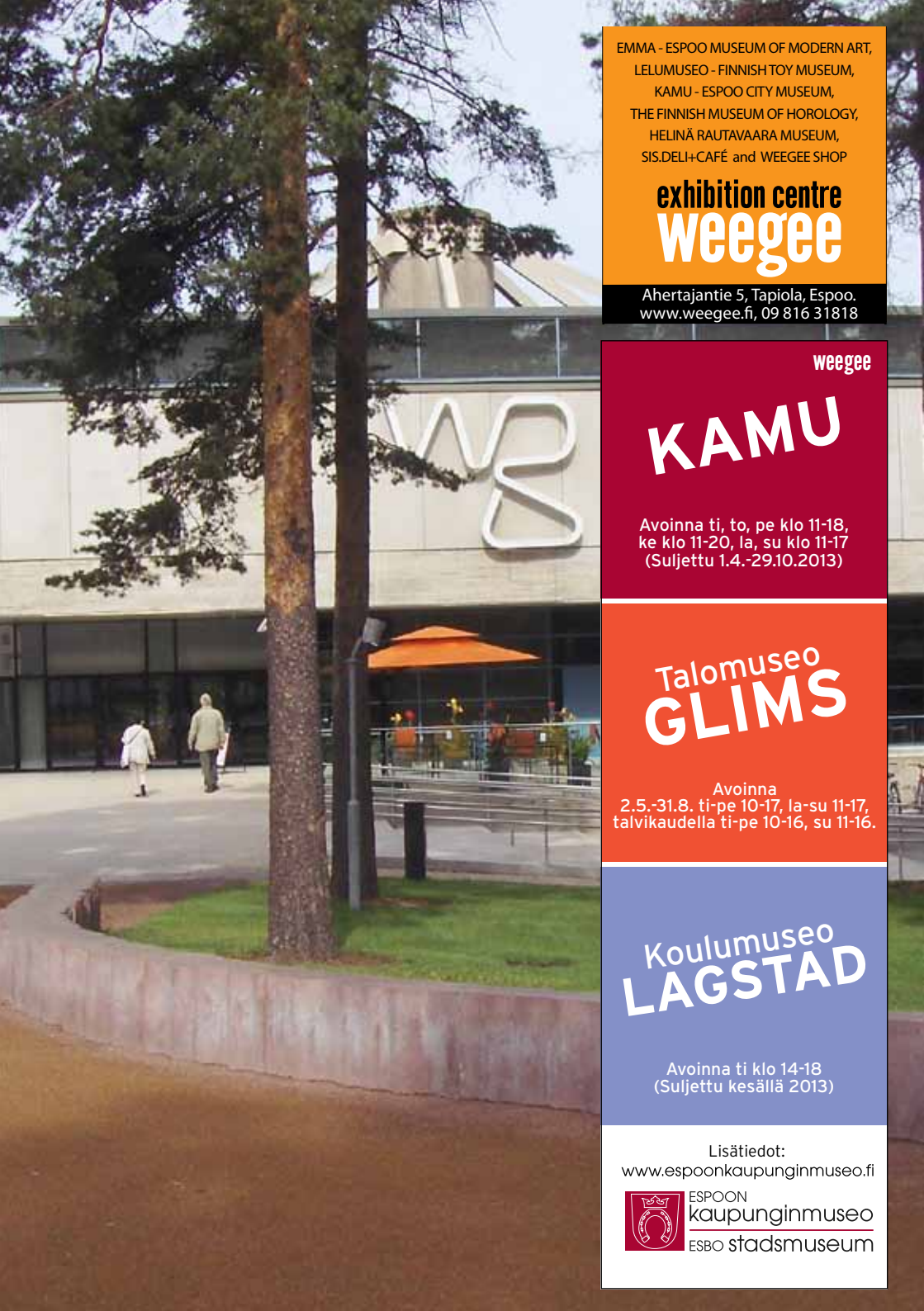


# MORE ROOM

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puh:040 500 0504  
[www.vekaline.fi](http://www.vekaline.fi)



EMMA - ESPOO MUSEUM OF MODERN ART,  
LELUMUSEO - FINNISH TOY MUSEUM,  
KAMU - ESPOO CITY MUSEUM,  
THE FINNISH MUSEUM OF HOROLOGY,  
HELINÄ RAUTAVAARA MUSEUM,  
SIS.DELI+CAFÉ and WEEGEE SHOP

## exhibition centre **weegee**

Ahertajantie 5, Tapiola, Espoo.  
[www.weegee.fi](http://www.weegee.fi), 09 816 31818

weegee

## **KAMU**

Avoinna ti, to, pe klo 11-18,  
ke klo 11-20, la, su klo 11-17  
(Suljettu 1.4.-29.10.2013)

## Talomuseo **GLIMS**

Avoinna  
2.5.-31.8. ti-pe 10-17, la-su 11-17,  
talvikaudella ti-pe 10-16, su 11-16.

## Koulumuseo **LAGSTAD**

Avoinna ti klo 14-18  
(Suljettu kesällä 2013)

Lisätiedot:  
[www.espoonkaupunginmuseo.fi](http://www.espoonkaupunginmuseo.fi)



ESPOON  
kaupunginmuseo  
ESBO stadsmuseum



## Geo Exhibition

The Geo Exhibition deals with the geological development of Earth, from its early history to recent times. A collection of minerals and rock types provides an extensive introduction of their diversity. Poster and video presentations supplies information on the various services of GTK.

Puh. 020 550 2166  
[www.gtk.fi/geotieto/jokamies/geonayttely/](http://www.gtk.fi/geotieto/jokamies/geonayttely/)



**GEO EXHIBITION**  
 Betonimiehenkuja 4, 02151 Espoo

Traffic connections from Helsinki:  
 Kamppi – Otaniemi:  
 busses 102, 103, 194, 195.

Eastern inner city: from  
 Merihaka: bus 503 and  
 busses 504, 505 and 506,  
 from Malmi bus 512.

Connections from Vantaa:  
 bus 510 from Western Vantaa,

Connections from Espoo:  
 Tapiola: busses 2, 4, 10, 15 and 194,  
 195, 503, 504, 505, 510, 512.



## NATURE HOUSE VILLA ELFVIG

Nature House Villa Elfvik is situated on the border between Espoo and Helsinki, on the edge of the Laajalahti Nature Reserve in the middle of a forest in its natural state. The valuable Art Nouveau villa hosts a basic exhibition, called Long live Espoo, a changing exhibition, the Badger's Forest play area for children and Café Satakieli, which is open at weekends during Villa Elfvik's opening hours.

The Laajalahti Nature Reserve is among the best bird wetlands in Southern Finland and also internationally renowned. A 700-metre long nature trail begins at Villa Elfvik's yard and the trail is also wheelchair-accessible. Along the nature trail, there is a bird-watching tower that during the summer can also be used to view Kyyttö cows, an original Finnish breed of cattle.



Nature House Villa Elfvik  
Elfvikintie 4, Espoo  
Tel. +385 9 8165 4400  
villaelfvik@espoo.fi  
www.espoo.fi/villaelfvik

Open:  
During the summer 1.4. – 30.9.  
Mon–Fri 9 am – 4 pm  
Sat–Sun 10 am – 4pm

During the winter 1.10. – 31.3.  
Mon–Fri 9 am – 3 pm  
Sun 10 am – 4 pm

Free admission.

## KUNINKAANTIE HOTEL & RESTAURANT



Next to Espoo Railway Station  
Reception +358 (0)105408340  
hotelkuninkaantie@sodexo.fi  
www.sodexo.fi/kuninkaantie

**sodexo**



## Relaxing Holiday in the Helsinki Metropolitan Area!

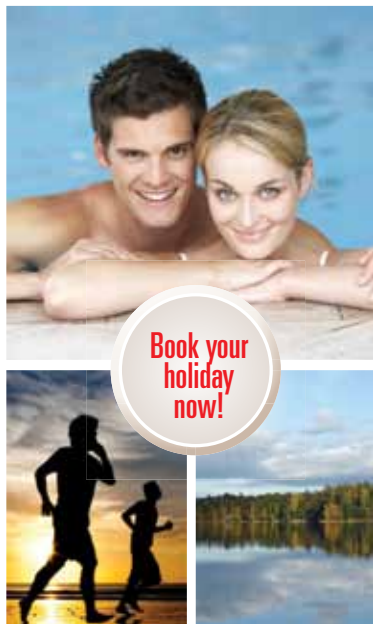
Have a relaxing holiday just a few miles away from the hectic city life. Hotel Siikaranta's remarkable location in the splendid surroundings of the Nuuksio National Park in Espoo offers an unforgettable combination of activities and tranquility of nature.

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holiday  
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MYYNТИ@SIIKARANTA.FI | WWW.HOTELLSIIKARANTA.FI

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**KEITTIÖ AUKI 1.6-31.8**

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**TALVIAIKA 1.9-1.5**

arkisin 7.30-18, la ja su 10-18

**KEITTIÖ AUKI 1.9-1.6**

arkisin 10-16.30, la ja su 11.30-17

**LOUNAS ARKISIN 10-14**



**S**tämning, god mat och gott kaffe, barnvänlig, ute och inne, 70 års anor. Hjärtligt välkommen hela familjen!

**SOMMARTID 2.5-31.8**

vardagar 7.30-20, lö 10-18, sö 10-20

**KÖKET ÖPPET 1.6-31.8**

vardagar 10-18, lö och sö 11.30-17

**VINTERTID 1.9-1.5**

vardagar 7.30-18, lö och sö 10-18

**KÖKET ÖPPET 1.9-1.6**

vardagar 10-16.30, lö och sö 11.30-17

**LUNCH VARDAGAR 10-14**

**A**tmosphere, good food and coffee, childfriendly, indoors and outdoors, with 70 years heritage. A warm Welcome to the whole family!

**SUMMERTIME 2.5-31.8**

weekdays 7.30-20, sat 10-18, sun 10-20

**KITCHEN OPEN 1.6-31.8**

weekdays 10-18, sat and sun 11.30-17

**WINTERTIME 1.9-1.5**

weekdays 7.30-18, sat and sun 10-18

**KITCHEN OPEN 1.9-1.6**

weekdays 10-16.30, sat and sun 11.30-17

**LUNCHTIME 10-14 ON WEEKDAYS**



# Kahvitupa Bemböle Kaffestuga



Kuninkaantien varrella Espoon Bembölessä. Invid Kungsvägen i Bemböle, Esbo.

 (09) 863 2917 [www.bembolenkahvitupa.net](http://www.bembolenkahvitupa.net)

# P

## Sujuvampaa

Sujuvampi pysäköinti tarkoittaa levollisempaa matkantekoa. Kun tulet omalla autolla, yli 10 000 vartioitua autopaikkaa palvelevat sinua niin lomalle kuin liikematkalle lähtiessä. Voit keskittyä paremmin itse matkaan, ja vaikkapa tuliaisiin.

## HELSINKI AIRPORT Pysäköintialueet

Parking Areas / Парковки



Näköalaterassi  
Scenic Terrace  
Панорамная терраса



Maksuton yhteysbussi liikennöi 15 minuutin välein (klo 3.30 – 1.30).

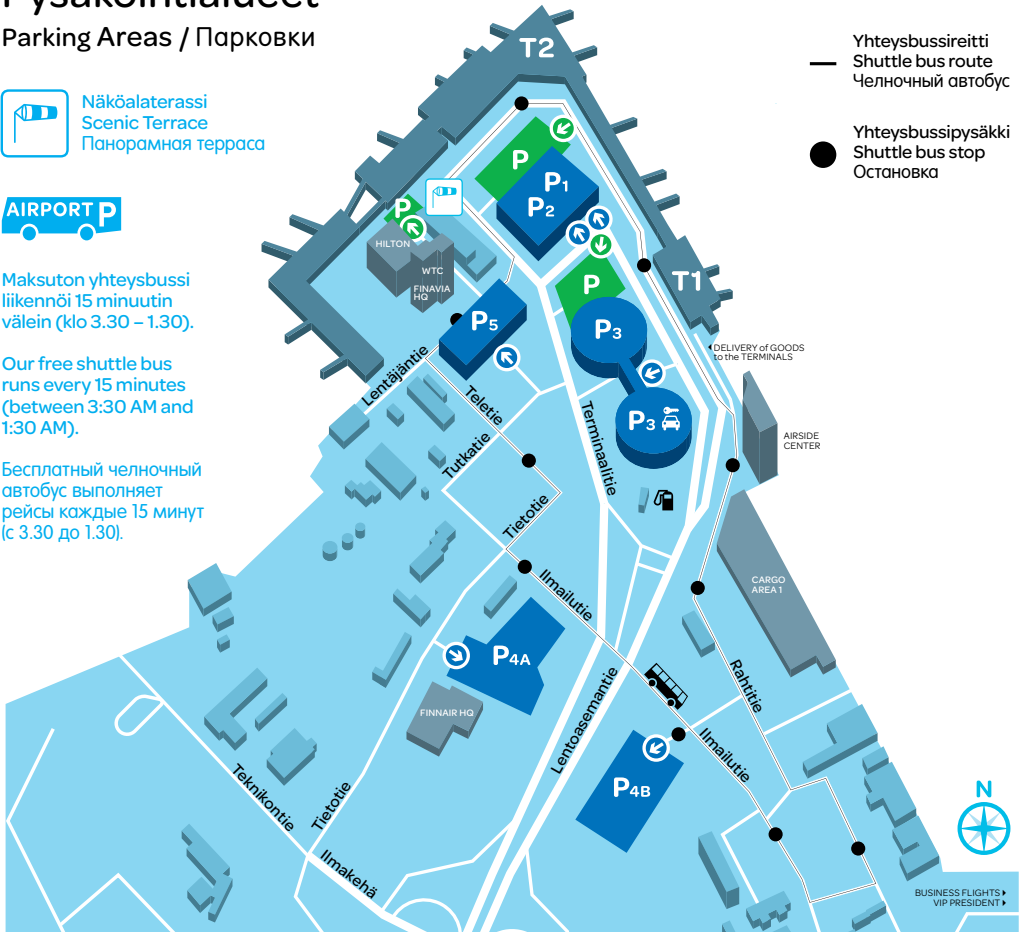
Our free shuttle bus runs every 15 minutes (between 3:30 AM and 1:30 AM).

Бесплатный челночный автобус выполняет рейсы каждые 15 минут (с 3.30 до 1.30).

Pikaparkki  
Short term parking  
Экспресс-парковка

Yhteysbussireitti  
Shuttle bus route  
Челночный автобус

Yhteysbussipysäkki  
Shuttle bus stop  
Остановка







### **Helsinki Region Tourist Information**

Helsinki-Vantaa Airport, Terminal 2 (T2), arrival hall 2

open daily 10-20, free acces 24 h

### **Airpro Travel Services**

**Travel services 24 h**

Helsinki-Vantaa Airport, Terminal 2 (T2),

arrival hall 2 B

tel. +358 600 03360 (chargeable)



Heureka, the Finnish Science Centre is a lively exhibition centre for people of all ages. At Heureka you can experience and learn about science and technology in an exciting hands-on environment. Heureka's planetarium is one of the most modern digital planetariums in Europe, and primarily presents animated planetarium films for families. We also offer laboratory programmes for children, science theatre shows and rat basketball games. Other services: Café Einstein, Heureka Shop, Meeting and reception facilities, public events.



Heureka, the Finnish Science Centre

Tiedepuisto 1  
Entrance 18,50/13€  
Tel. (09) 85799  
[info@heureka.fi](mailto:info@heureka.fi)  
[www.facebook.com/heurekafi](http://www.facebook.com/heurekafi)  
[www.heureka.fi](http://www.heureka.fi)



## Finnish Aviation museum

National special museum on aviation is situated close to Helsinki Airport. Its collections open a window into the history of aviation in Finland. The museum's sensational services, simulators, auditorium, cabinets, shops and restaurant provide a magnificent settings for visits, various events and meetings.



Open:

Mon-Tue 10-17

Wed 10-20

Thu-Sun 10-17

Tickets: Adults 8 €

Children 7-17 4 €

Familyticket 20 € (2 adults 2 children)

## Kuninkaantie

Kuninkaantie oli Pohjolan tärkein matkailureitti, joka noudatteli vanhan postitien linjaa. Tätä keskiaikaista reittiä kulki-  
vat kruunun kuriirit lännestä itään ja idästä länteen viikinki-  
en muinaista idäntietä seuraten. Kuninkaiden sanansaattajat ja postinkantajat ratsastivat kiireisiä viestejään Tukholmasta Turkuun ja Pietariin.

Tie yhdisti myös mahtavat Turun ja Viipurin linnat. Alkuperäinen tie on vielä osittain käytössä.



## The King's Road

The King's Road was the most important tourist route in the Nordic countries, and it follows the ancient mail road. This medieval route was travelled by the Crown couriers from west to east and from east to west along the ancient path taken by the Vikings to the east. The royal messengers and mail coaches rode at full speed, bearing the news from Stockholm to Turku and St. Petersburg. The road also linked

the mighty Turku and Viipuri castles. Parts of the original road are still in use.



## Sotungin kylä

Sotungin kylä on valtakunnallisesti merkittävä kulttuurihistoriallinen ympäristö. Sotungin kylän rakennukset, tiestö ja purolaakson viljelykset muodostavat rikkaan kulttuurimaiseman.



## Sotunki Village

A milieu of national cultural-historical interest, the buildings and roads in the village of Sotunki, and the farmlands of the little river valley constitute a rich cultural landscape.

## Nissbackan kartanon veistospuisto

Nissbackan kartanon veistospuistossa sekä pulterikivisessä makasiinissa esillä kuvanveistäjä, professori Laila Pullisen veistoksia.

## Nissbacka Manor Sculpture Park

A collection of Professor, sculptress Laila Pullinen's work. Situated in the manor's former granary and surrounding park, a collection of bronze and granite sculptures.

## Coming to Vantaa is easy

Because of good flight and road connections, it is easy to come to Vantaa from all corners of the world as well as from elsewhere in Finland.

International business is expanding rapidly, particularly in the Aviapolis area in the vicinity of the airport. Excellent services for both leisure and business travellers are centralised in the immediate areas. Helsinki-Vantaa airport services have been awarded international awards.

Heureka, the Finnish Science Centre offers people of all ages the delight of insight. At Heureka, one becomes acquainted with science and technology through trial and experimentation.

High-quality hotels as well as meeting and congress venues are easily reached in the vicinity of the airport. Ring Road III (Kehä III) is the longest shopping street in Finland. Next to shopping centre Jumbo there is the Flamingo Leisure World where there is a wide range of well-being, entertainment and restaurant services, speciality shops, business services and a hotel.

For the culture lover, Vantaa offers a wide range of concerts, plays, dance performances and exhibitions every year.

Citizens' Offices in Tikkurila and in Myyrmäki provide information about tourism in Vantaa and adjacent areas:

### **Tikkurila Citizen's Office**

Ratatie 7, Tikkurila, FI-01300 Vantaa,

tel. +358 9 8392 2133, [tikkurila.yhteispalvelu@vantaa.fi](mailto:tikkurila.yhteispalvelu@vantaa.fi)

### **Myyrmäki Citizen's Office**

Myyrmäkitalo

Kilterinraitti 6, FI-01600 Vantaa

tel. +358 9 8393 5455, [myyrmaki.yhteispalvelu@vantaa.fi](mailto:myyrmaki.yhteispalvelu@vantaa.fi)



### **Lentoparkki Oy**

Tikkurilantie 151

01530 VANTAA

P. 010 229 5860

[info@lentoparkki.fi](mailto:info@lentoparkki.fi)

[www.lentoparkki.fi](http://www.lentoparkki.fi)



**LENTOPARKKI**  
– SIITÄ SE LOMA ALKAA



## Joukkoliikenteellä liikut kätevästi Helsingin seudulla

### 1-7 vuorokauden liput

Vuorokausilipulla matkustat edullisesti ja huolettomasti 1 - 7 päivän ajan Helsingin seudun joukkoliikenteessä. Lippu käy kaikissa liikennevälineissä: ratikoissa, busseissa, metrossa, lähijunissa ja Suomenlinnan lautalla. Vuorokausilippuja saa kaikille vyöhykkeille.

Myyntipisteitä: R-kioskit, Stockmann, VR-lipunmyynti, Helsingin matkailuneuvota, Lentoaseman matkailuneuvonta, HSL:n palvelupisteet: Rautatietorin ja Itäkeskuksen metroasema.

### Helposti ja edullisesti lentoasemalle / Helsingin keskustaan

Rautatietori, laiturii 3  
Lentoasema T1 laiturii 2, T2 laiturii 22.

## 615 Airport Bus

Easy and affordable connections to the Airport / Helsinki City Centre  
Railway square pf 3 Airport T1 pf 2, T2 pf 22

## Discover the Helsinki region by public transport

### 1 - 7 day tickets

The tickets available on single-charge cards include easy to use and economic 1-7 day tickets. The same ticket is valid on buses, commuter trains, the Metro and trams, as well as the Suomenlinna Ferry. Day tickets are available for all zones.

Sales points: R-kiosks, Stockmann department stores, VR's booking offices, Helsinki City Tourist Information, Helsinki Airport: Helsinki Region Tourist Information, HSL's service points: Central Railway Station Metro Station, Itäkeskus Metro Station.



### Liikenneinfo puh. 0100 111

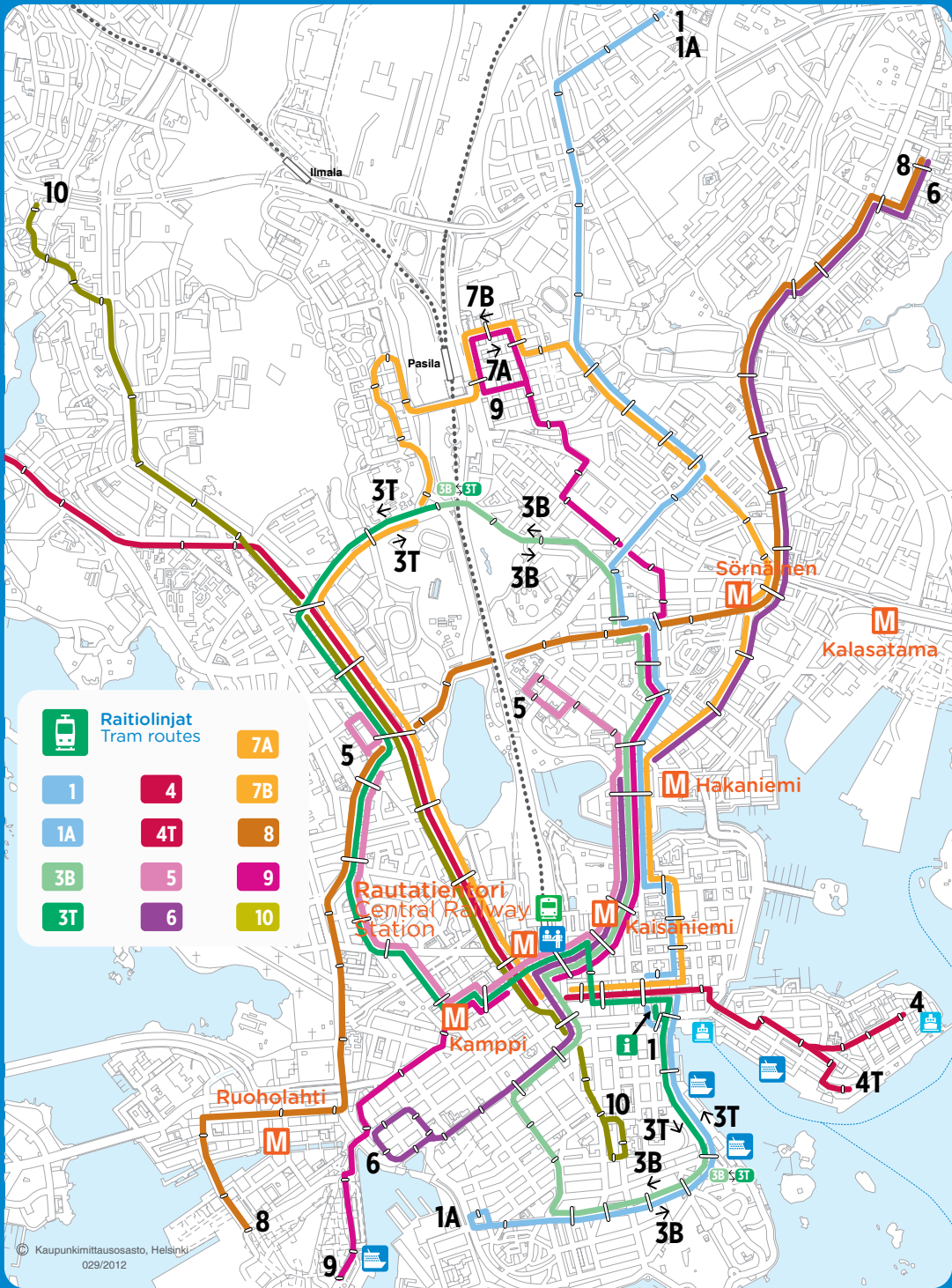
Henkilökohtainen neuvonta  
ma-pe 7-19, la-su 9-17  
(0,98 €/puh. + pvm)  
Aikatauluautomaatti 24h (0,49 €/puh. + pvm)

















### Travel Information

#### Centre tel. +358 100 111

Personal service 0.98 euros/call + local network charge (Mon-Fri 7am-7pm, Sat-Sun 9am-5pm)  
24h talking timetable (0.49 euros/call + local network charge)



**Raitiolinjat**  
Tram routes

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## CITY TOUR SIGHTSEEING

### Hop On Hop Off

The City Tour buses operate every day from mid May to the end of August from the Senate Square starting at 10.30. The different routes show you the best sights of the city and

you will hear the true story of Helsinki. The views from the City Tour Open Top double deckers are excellent. The routes have extensive commentary through individual head sets in 10 different languages: Finnish, Swedish, English, German, Spanish, French, Italian, Russian, Japanese and Chinese.

**Blue Tour – The Spirit of Helsinki**

During this tour you will see interesting areas of Helsinki that are a little off the normal tourist bus routes. You will hear stories about how a small town grew to become the capital of Finland, about when Vladimir Lenin stayed in Helsinki planning the Russian revolution and about the Finnish Civil War in 1918.

You will learn what the real Finnish sauna is all about and what the word “sisu” stands for.

The tour passes by one of the most visible landmarks of Helsinki - the Kallio Church - as well as the Helsinki Amusement Park. You will also learn who Marshall Mannerheim was and why he is one of the key figures in the history of Finland's independence.

During the Prohibition alcohol was often smuggled in special “torpedoes”, loaded with canisters of liquor. The bigger torpedoes could hold up to 1.000 liters. There was always a string with a bag of sugar or salt and a cork float attached to the torpedo. If the authorities surprised the smuggler en route he cut the rope and the torpedo sunk to the bottom.

However, in a few hours the sugar or salt had melted and the cork floated to the surface and the smuggler could return to pick up his cargo.



## Red Tour – Imperial Helsinki

This tour shows you the highlights of the southern parts of Helsinki. During the tour you will hear stories about the autonomous period in Finland and how many Russians started to visit Helsinki in the 19th century. You will also learn who the architects Carl Ludvig Engel and Alvar Aalto were. Both of them have influenced Helsinki a great deal.

On the tour you will hear why, when and how the great Kaivopuisto Park on the southern tip of Helsinki was established. The American and the Russian embassies are located next to each other near the park. This was quite interesting especially during the Cold War. We will tell you stories about espionage and the defections that took place during this period in our political history.

You will also learn who the Sinebrychoff family was and what their legacy to Helsinki and Finland is. Some of the main companies behind the Finnish cafeteria culture will be introduced.

On this tour you will learn about the unique Rock Church - you also have the opportunity to hop off and visit the church. Very close to the church you will also find the Natural History Museum with interesting permanent exhibitions such as "Finnish Nature".

CITY TOUR SIGHTSEEING

Hop On Hop Off

**City Tour**

**+358 (0)45 77505310**

[info@citytour.fi](mailto:info@citytour.fi)

[www.citytour.fi](http://www.citytour.fi)



## **ROYAL LINE SIGHTSEEING CRUISES**

*The Royal Line boats tour the archipelago of Helsinki from the Market Square every day from the first of May until the end of September. On the comfortable restaurant boats you will have a wonderful time together with your partner, with your family or with a group of friends while enjoying a delicious lunch or dinner. The tours are guided in Finnish and English and the text is available on board in Swedish, German, Spanish, French, Italian, Russian, Chinese and Japanese. The best views of Helsinki & delicious food*

*On the day time tours the theme is Historical Helsinki. You can enjoy a wonderful lunch while you watch the beautiful archipelago and listen to entertaining stories about Helsinki. En route you will see the monumental entrance gate of the Suomenlinna Sea Fortress. The King's Gate was built in honor of King Adolf Fredrik of Sweden who stepped ashore there arriving for his visit in 1752.*

*The evening cruise departing at 6 pm will introduce you to the Finnish prohibition period and show you the western archipelago during 2+ hours. For dinner you can choose between a traditional dinner buffet and an excellent full dinner menu, including the buffet as starter, a hot main course (fish, meat or vegetarian dish) and dessert served to the table.*



# ***ROYAL LINE***

The 2½ h dinner cruise at 7 pm offers the same dinner options as the 6 pm cruise. This cruise includes stories about the Russian Emperors and it tours the beautiful eastern archipelago of Helsinki. On this cruise you will see some of the most picturesque areas of the city's sea side. During the Finnish autonomy 1809 – 1917 the Russian Czars visited Finland more than 80 times. Only a few of these visits were official state visits. The Czars enjoyed spending their family holidays in Finland on board their royal yachts touring the archipelago, spending time with their children doing regular things like fishing, picking berries and mushrooms.

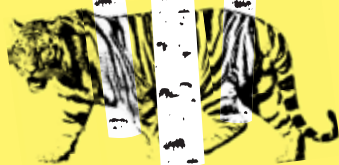
**Yhteystiedot:**

**Royal Line Oy**

**Puhelin: 0207 118 333**

**[royal.line@royalline.fi](mailto:royal.line@royalline.fi)**

**[www.royalline.fi](http://www.royalline.fi)**



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# hotel ANNA



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+358 9 616 621  
[www.hotelanna.fi](http://www.hotelanna.fi)  
[info@hotelanna.fi](mailto:info@hotelanna.fi)



# SOKOS HOTELS

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## SOKOS HOTEL FLAMINGO

Tasatie 8, Vantaa  
A modern hotel in a thriving shopping and entertainment centre close to the airport in Vantaa's business district. 309 rooms, free parking, Restaurant Amarillo and bookable Restaurant Bankett Flamingo.

## SOKOS HOTEL VAAKUNA

Asema-aukio 2, Helsinki  
Traditions, dignity, functionalism and good service in the pulsating heart of Helsinki. 270 rooms, pay parking, Restaurant Loiste and bookable Restaurant Kaarre.

## SOKOS HOTEL TORNII

Yrjönkatu 26, Helsinki  
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Bookings: [sokoshotels.fi](http://sokoshotels.fi) or tel. +358 20 1234 600  
(domestic landline calls 0.0828 €/call + 0.07 €/min,  
domestic mobile calls 0.0828 €/call + 0.17 €/min).  
[www.sokoshotels.fi](http://www.sokoshotels.fi)



# SOKOS HOTELS

## SOKOS HOTEL HELSINKI

Kluuvikatu 8, Helsinki

A perennial favourite in a busy shopping district on a pedestrian street in the city centre. 202 rooms, pay parking, Restaurant Fransmanni and Restaurant Memphis. Helsinki Club nightclub.

## SOKOS HOTEL ALBERT

Albertinkatu 30, Helsinki

A homely and relaxed neighbourhood hotel in a trendy residential district in the city centre. 95 rooms, pay parking, Restaurant Papa Albert.

## SOKOS HOTEL VANTAA

Hertaksentie 2, Vantaa

A lively oasis for entertainment and meetings next to Tikkurila station. 265 rooms, pay parking, Restaurant Amarillo, Pub Hertas and Tulisuudelma and Night Vantaa nightclubs.

## SOKOS HOTEL TAPIOLA GARDEN

Tapionaukio 3, Espoo

A modern meeting place in Espoo in the green heart of Tapiola. 154 rooms, pay parking, Restaurant Sevilla.

## SOKOS HOTEL PASILA

Maistraatinportti 3, Helsinki

Number-one choice for expo and meeting guests, as well as visitors of sports events. The hotel is right where it's happening, with good transport connections. 178 rooms, pay parking, Restaurant Sevilla and bookable Restaurant Pasila.

## SOKOS HOTEL ALEKSANTERI

Albertinkatu 34, Helsinki

A charming gem in the centre with friendly service. 151 rooms, pay parking, Restaurant Fransmanni.



[www.sokoshotels.fi](http://www.sokoshotels.fi)

**SOKOS HOTELS**  
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MANNERHEIMINTIE 46

TEL. +358 9 4737 1

CONTINENTALHELSINKI@SCANDICHOTELS.COM

## SCANDIC GRAND MARINA

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KATAJANOKANLAITURI 7

TEL. +358 9 16661

GRANDMARINA@SCANDICHOTELS.COM

## SCANDIC MARINA CONGRESS CENTER

This unique congress centre is situated opposite the Scandic Grand Marina close to the Market Square and only a short walk from the city centre.

KATAJANOKANLAITURI 6

TEL. +358 9 16661

GRANDMARINA@SCANDICHOTELS.COM

## SCANDIC MARSKI

Surrounded by the best shopping streets and sights in Helsinki, this centrally located hotel offers rest and relaxation amid the hustle and bustle of the city.

MANNERHEIMINTIE 10

TEL. +358 9 68 061

MARSKI@SCANDICHOTELS.COM

## SCANDIC PAASI

This impressive new hotel in the Hakaniemi district of Helsinki next to Paasitorni Congress Centre opens in summer 2012 and is just a 15-minute walk from Helsinki's most popular sights.

PAASIVUORENKATU 5

TEL. +358 9 7089 691

MYYNTI@PAASITORNI.FI

## SCANDIC SIMONKENTÄ

This central Helsinki hotel has a fantastic location, just a short walk from popular attractions, great shopping and fabulous restaurants.

SIMONKATU 9

TEL. +358 9 68 380

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## NAUTI HELSINGISTÄ. YÖVY HILTONISSA.

### HILTON HELSINKI AIRPORT

Skandinaavista designia edustava, tyylikäs hotelli lyhyen matkan päässä lentokentästä. Kentälle voi kävellä päällystettyä jalkakäytävää pitkin. Hotelliaulassa on mahdollisuus kirjautua lennolle itsepalveluautomaatilla ja tarkistaa lentojen tiedot. Hotellissa nykyaikaiset kokoustilat ja kaikki kokous- ja majoitustilat ovat äänieristettyjä.

Lentäjänkuja 1  
01530 Vantaa, Suomi  
Puh. +358 (0)9 73220  
helai.airport@hilton.com

### HILTON HELSINKI KALASTAJATORPPA

Hotelli sijaitsee rauhallisella puistoalueella meren äärellä, raitiovaunumatkan päässä kaupungin keskustasta. Hotellissa on erittäin korkeatasoinen ravintola sekä erilaisia kokous- ja juhlatiloja. Hilton Helsinki Kalastajatorppa tunnetaan yhtenä Suomen suosituimmista kokous- ja tapahtumapaikoista.

Kalastajatorpantie 1  
00330 Helsinki, Suomi  
Puh. +358 (0) 9 45811  
helsinkiikalastajatorppa@hilton.com

### HILTON HELSINKI STRAND

Hotelli sijaitsee erinomaisten kulkuyhteyksien päässä, meren äärellä, vain kilometrin päässä keskustan ostospaikoista ja yrityksistä. Helsingin historialliset nähtävyydet kävelymatkan päässä. Miellyttävistä ja tilavista huoneista on näköalat merelle tai pihalle. Hotellissa on hyvin varusteltu suomalainen kattosauna ja kuntosali.

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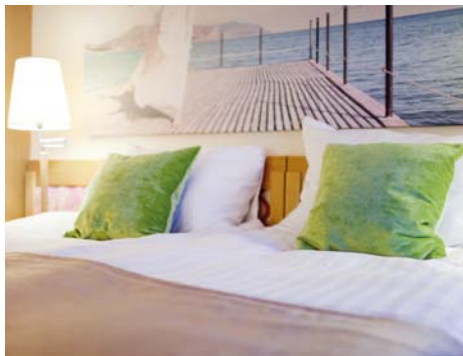
Detailed terms on the internet: [finland.holidayinn.com](http://finland.holidayinn.com)



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# RADISSON BLU HOTELS

## Blu Dreams – sleep well



### RADISSON BLU PLAZA HOTEL

Mikonkatu 23, Helsinki

The flagship of the Radisson Blu Hotels chain and the first choice for discerning travellers. Individual service, unique accommodation and the most talked-about restaurant world in the city centre. Will be completely renewed in 2012. 302 rooms, Restaurant Pääkonttori and bar. All-new restaurant world opening in autumn 2012.

### RADISSON BLU HOTEL, ESPOO

Otaranta, Espoo

The first choice of business travellers and sportspeople in the heart of Espoo's business life, close to the sea and nature. Completely refurbished in 2010. 209 rooms, free parking, Restaurant Ranta.

### RADISSON BLU ROYAL HOTEL

Runeberginkatu 2, Helsinki

Having a celebration, event or meeting? Here you are in the most capable hands in the city centre. We also serve the city's best steaks. 262 rooms, pay parking, Restaurant Grill it!, bar.

### RADISSON BLU SEASIDE HOTEL

Ruoholahdenranta 3, Helsinki

Modern and individual city living. Your partner for meetings and celebrations in Ruoholahti, a dynamic area of the city next to the sea. 336 rooms, pay parking, Restaurant Viola and bookable restaurants Seaside Sali and Katto Lounge.

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[www.radissonblu.fi](http://www.radissonblu.fi)

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HOTELS THAT LOVE TO SAY YES!



# Hotel Cumulus Kaisaniemi

A cosy hotel in the centre of Helsinki, in the immediate vicinity of the Central Railway Station and a metro station. During 2012, 17 new guest room will be built and the old ones will be redecorated to make them more comfortable than ever. The hotel also features a customer sauna.



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# Hotel Cumulus Hakaniemi

A modern city hotel near Hakaniemi Market Square and within walking distance of the Central Railway Station. 152 guest rooms, a minigym, a garage, a breakfast restaurant, a lobby bar and two customer saunas.



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# Hotel Cumulus Olympia

A cosy hotel with a swimming pool, bowling alley and a sports hall. Linnanmäki amusement park, Hartwall Arena, the Olympic Stadium, among other attractions, are nearby. 121 guest rooms and a lobby bar.



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# Hotel Cumulus Airport

A pleasant airport hotel close to Helsinki-Vantaa Airport. 291 guest rooms, a garage, a Huviretki restaurant and a lobby bar. There's a free shuttle bus between the hotel and the airport.



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